

Age & Skill Groups	Red Cross Program	YMCA Program	Lifesaving Society Program
Child is 4 to 12 months and ready to enjoy the water with parent	Starfish	Splashers	Parent and Tot 1
Child is 12 to 24 months and ready to learn to enjoy the water with parent	Duck	Bubblers	Parent and Tot 2
Child is 2 to 3 years old and ready to learn to enjoy the water with a parent	Sea Turtle	Bobbers	Parent and Tot 3
Child is 3 to 5 years and ready to be on his or her own	Sea Otter	Bobbers	Preschool 1 (If 5 years + Swimmer 1)
Can get in and out and jump into chest-deep water assisted; float and glide on front and back; blow bubbles and get face wet	Salamander	Floater	Preschool 2 (If 5 years + Swimmer 1)
Can jump into chest-deep water; submerge and exhale underwater; float on front and back assisted for 3 secs.	Sunfish	Gliders / Divers	Preschool 3 (If 5 years + Swimmer 1)
Can jump into deep water wearing a lifejacket; recover objects from the bottom; hold breath underwater; float, glide and kick on front and back	Crocodile	Surfers	Preschool 4 (If 5 years + Swimmer 1)
Can do solo jumps into deep water; swim front crawl 5 m in a lifejacket and flutter kick on front, back and side	Whale	Dippers	Preschool 5 (If 5 years + Swimmer 2)
Child is 5 to 12 years and just starting out	Swim Kids 1	Otter	Swimmer 1
Can jump into chest-deep water by themselves and into deep-water in a lifejacket; open eyes, hold breath, exhale underwater; float, kick and glide on front and back	Swim Kids 2	Seal	Swimmer 2
Can jump into deep water and do a sideways entry in a lifejacket; support self at the surface for 15 sec; do whip kick in vertical position; and swim 10 m on front and back	Swim Kids 3	Dolphin / Swimmer	Swimmer 3
Can tread for 30 sec.; do kneeling dives and front somersaults; 10 m whip kick on back; and swim 15 m front crawl and back crawl	Swim Kids 4 / Swim Kids 5	Star 1	Swimmer 4
Can complete the Canadian Swim to Survive Standard: Roll - Tread (1 min.) - Swim (50 m); dive; swim underwater; 15 m whip kick on front; breaststroke arms with breathing; and swim front and back crawl 25 m	Swim Kids 6	Star 2	Swimmer 5
Can do shallow dives and cannonballs; eggbeater and scissor kick; swim 50 m front and back crawl; breaststroke for 25 m; sprint 25 m; interval training 4 x 50 m	Swim Kids 7	Star 3	Swimmer 6
Can do stride entries and compact jumps; legs-only surface support for 45 secs.; sprint 25 m breaststroke; swim 100 m of front crawl and back crawl and 300 m workout	Swim Kids 8	Star 4	Swimmer 7 / Rookie Patrol
Preferred successful completion - Swim Kids 8 / Star 4 / Swimmer 7 / Rookie Patrol	Swim Kids 9	Star 5	Swimmer 8 / Ranger Patrol
Preferred successful completion - Swim Kids 9 / Star 5 / Swimmer 8 / Ranger Patrol	Swim Kids 10	Star 6	Swimmer 9 / Star Patrol
Preferred successful completion - Swim Kids 10 / Star 6 / Swimmer 9 / Star Patrol		Master Swimmer	Bronze Star